

Welcome to the Unitarian Universalist Fellowship of Bay County!

Welcoming Everyone • Growing in Mind & Spirit • Empowering People • Leading in Social Justice

We are an open-minded, open-hearted spiritual community

The UUFBC is meeting in person for our Sunday Services at this time

Sunday Fellowship Services; 10:30 in person and on YouTube. Address: 1410 Airport Rd, Panama City, FL

*Note! No longer on zoom! YouTube link: <https://www.youtube.com/@UUofBayCounty/streams>



Side With Love

For Your Reflection

Confident Humility

Confident Humility is a term coined by science author Adam Grant in his book [*Think Again*](#). It merges two seemingly contradictory attributes.

Confidence and humility are often seen as opposites. But if you reflect on the leaders you admire most, chances are that they embody both of these qualities in tandem. I call it confident humility.

Confident humility is being secure enough in your expertise and strengths to admit your ignorance and weaknesses. In *Think Again*, I highlighted evidence that confidence without humility breeds blind arrogance, and humility without confidence yields debilitating doubt. Confident humility allows you to believe in yourself while questioning your strategies.

—[*Adam Grant*](#)

***Time sensitive info! Tom Neilson performs Saturday and Sunday! Scroll down for details!**

(This is why your newsletter is a day early!)

Upcoming Services

Feb 11: Forks in the Road. It is a musical service with Tom Nielsen. Service leader: Candis Harbison

Tom Neilson combines art with activism. Performing since the age of 3, he has played his music in 22 countries on 5 continents. He has received over 30 awards and nominations, to include two song of the year awards from Independent Musicians. In 2017, he received the Arab American Women Association Award for Human Rights work for Palestine through performance art. In 2015 he was nominated for the United Nations Nelson Mandela Award for Lifetime Achievement in Peace and Justice. Last month Tom won two awards from Just Plain Folks International for best Traditional Folk Album and best Social Commentary album.

One reviewer says, "Tom does a great job of reminding people of what is really important, and the power of folk music to say it." Tom will tell you he is just a farm boy with a guitar who likes a good ball game and human rights. He is a member of AFM Local 1000.

Tom's wife, Lynn Waldron, joins him today. Her activist work includes most currently working with the Wendell State Forest Alliance to prevent logging in public forests in Massachusetts. She has joined Tom as actress and singer in the Jobs With Justice annual "Voices of Labor History" production to celebrate and honor May Day. She also performs in a hospice choir singing at bedside for the critically ill and dying. They live in Greenfield, MA.

***We will also have the same musician performing on Saturday Feb 10, at the UUFBC after the Interfaith Council dinner.**

Feb 18: Steps to achieve equity; by Shelly Clark

Feb 25: "Prayer of Jabez" by Serena Dee Latiolais

Announcements

UU Hike at the PCB Conservation Park. Everyone's invited to join our new friend Jan Wydra for a hike at the Conservation Park on Feb 10th at 10am. Please bring plenty of water and lunch for a leisure walk on the park trails.

Interfaith Council Dinner is on Feb. 10th at 5:30pm and is hosted this quarter by us, the UUFBC. We will also have a special music guest, Tom Neilson performing after dinner, so please plan to join us for this potluck dinner and the opportunity to fellowship with other faith communities in our area.

We also need assistance with set up and clean-up, please let us know if you can help. Set up crew should plan to arrive around 4:30pm. PLEASE RSVP to Info@UUofBayCounty.com so that we have a proper count for the dinner.

UU Work Day is scheduled for February 25th after the service. Please plan to stick around for a couple of hours and contribute to the needs of our facility and grounds. There will be something for everyone to lend a hand and lunch will be provided for the workers!

The next campfire will be on Weds Feb 28th under the Magnolia tree at 6:30.

Bring a snack and something to recite, read, sing or share. Need some inspiration - This month's theme is Justice and Equity. See our bulletin board in the sanctuary.

If you remain uninspired or snack-less, no worries, bring yourself for some laid-back fellowship."

Our annual fundraising Yard & Plant Sale is scheduled for March 15 and 16. Please keep this in mind for any donations you may be able to contribute. If you'd like to donate some plants or start clippings to sell, please consider that now as well. We will also need folks to help with set up, working the sale, and clean up. Please reach out to Janet Cross and let her know your availability. Any and all help is appreciated!
JanetCross77@gmail.com

We are looking to host a UU 101 Class in the coming weeks. If you are new to UU or our Fellowship and would like to learn more and eventually become a member of the UUFBC, please contact Charissa Thacker so we can organize a time for the class that would be convenient for everyone. Charissa.Thacker@yahoo.com

Book Club

And next - Bay County Schools banned book. Ace of Spades by Faridah Àbíké-Íyímídé. [Amazon.com: Ace of Spades eBook](https://www.amazon.com/Ace-of-Spades-eBook/dp/B089888888) : Àbíké-Íyímídé, Faridah: [Kindle Store](https://www.amazon.com/Ace-of-Spades-eBook/dp/B089888888) It is a young adult novel. That will be our banned book this time around. Discussion on Ace of Spades, by Farida Abike-Iyimide happens Feb 25th.

Recent UUFBC Events

Creative Sunday and Pot Luck Lunch afterward. (See Facebook page for the entire short story we wrote together!)



Joys and Concerns

For **cold weather shelter** information in NW Florida, dial 211!

The local men's shelter can use donations! Please drop off new(ish), useful items to 609 Allen Ave. Between the hours of 8 am to 4 pm, Monday – Friday. Thanks!

UU Events

Florida Unitarian Universalist Women's Retreat April 5 – 7, 2024 DaySpring Episcopal Conference Center Parrish, Florida Ancient Feminine Voices You are invited to a weekend gathering of UU women to explore the words and wisdom of our ancient female ancestors. Featuring Shelley Graff leading us in Singing in Sacred Circle Friday evening we'll gather with wine & cheese before dinner and a group activity after dinner to get to know one another and create community. Saturday during the day we'll have options for DaySpring outdoor activities and small group learning and sharing experiences. After dinner, we'll gather for Shelley Graff's presentation of Singing in Sacred Circle. Sunday after breakfast we'll have a UU-style service and closing ceremony. We'll finish our goodbyes at lunch. Please plan to join us for this joyful UU women's weekend.

To register, or for more information, contact Dayna Foster Retreat@fluuwm.

More retreat info for UU women!

UUWomenspirit Retreat Spring 2024 Gather at the Crossroads ...a confluence of intention and happenstance...
...where the ancient and the contemporary intertwine... ...and the path forward is ours to choose...

When: Weekday Institute: May 15-17 Weekend Gathering: May 17-19 Where: The Mountain Retreat and Learning Center – Highlands, NC

UUWomenspirit is a semi-annual retreat where women have gathered since 1987 to explore and celebrate the Feminine Divine. Our theme for this event is Gather at the Crossroads, an ancient symbol invoking a convergence of intersecting paths, a place of contemplation and reflection, a place of choice, and a place from where the first step is taken. During our time together, we will meet Hecate, the ancient Goddess of the Crossroads. She will help us tap into our own inner wisdom and intuition, guiding us as we choose to step forward or remain in stillness. We will dance, sing, and share with our sisters. Weekday tracks, weekend workshops and daily worship services will guide our way as we explore the Crossroads in many forms. Additional activities during the event will offer opportunities for conversation, connection, laughter and quiet reflection. The brochure with additional details will be available in late February at www.uuwomenspirit.org. Registration begins in early March. To learn more about our organization and offerings, please visit our website, www.uuwomenspirit.org

Local Events

<https://www.facebook.com/groups/ilovepcbfl/permalink/1852430651879886/?mibextid=S66gyF>



PCB Food Truck & Craft Beer Festival

Feb. 16-18, 2024



Emerald Coast Boat & Lifestyle Show

March 1-3, 2024



PCB Scottish Festival & Highland Games

Mar. 2, 2023

Enjoy a long weekend filled with craft beer, artisan vendors, live music, food trucks, and lawn games at Aaron Bessant Park.

Explore world-class boats, high-tech engines, and accessories, including active wear, kayaks, and more at Aaron Bessant Park.

Celebrate Celtic pride with athletic competitions, music, family activities, and delicious cuisine at Frank Brown Park.

[View Event](#)

[View Event](#)

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The banner features a dark blue header with the Northwest Regional Library System logo on the left and the Bay County Florida logo on the right. The central text reads: "Bay County Public Library Tuskegee Airmen presented by Reuben Sparks Tues., February 13 at 2 p.m." Below the header is a split image: the left side shows a close-up of a propeller on a blue aircraft with "TUSKEGEE" in blue block letters and "Airmen" in red script below it; the right side is a black and white photograph of a group of Tuskegee Army aviators sitting on the ground in front of an aircraft.

Happy Black History Month!

The City of Lynn Haven will have an Art Showcase on Tuesday, February 13 from 5-7 p.m. in the Lynn Haven City Hall Chambers, 825 Ohio Ave., Lynn Haven Mr. Willie Spears will speak at 5:30 p.m.on the history of Hawk Massilina.



UUFBC Website <https://www.uuofbaycounty.com/>

UUFBC Facebook Page <https://www.facebook.com/uubaycounty>

There's also a Facebook page for the LGBTQ center. That and a lot of other info is on their website:
<https://gulfcoastlgbtqcenter.org>

Newsletter Editor: Cindy Gregory – Board Members: President: Charissa Thacker; Vice president: Bob Gilmore; Secretary: Chris May; Treasurer: Janet Cross; Members At Large: Serena Dee Latiolais, Bob McNeal, Dusty Huff

Contact info: 850- 615-4127 *Office Hours are Tuesday 10 a.m. – noon (leave a message, please)

To submit information for the biweekly e-newsletter, send to info@uuofbaycounty.com and please cc cindykg@gmail.com