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## Welcome to the Unitarian Universalist Fellowship of Bay County!

Welcoming Everyone • Growing in Mind & Spirit • Empowering People • Leading in Social Justice

We are an open-minded, open-hearted spiritual community

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*The UUFBC is meeting in person for our Sunday Services at this time*

Sunday Fellowship Services at 10:30 in person and on zoom. \*Address: 1410 Airport Rd, Panama City, FL

Zoom link: <https://bit.ly/3hWkhE1> Please start the connection process a little early.

### Upcoming Worship Services

March 19: Chris May: Finding Balance: **A Spring Circle worship**. Celebration of the Spring equinox.

March 26: Rev. Ruth Vann Lillian in person: **Are we there yet?** + Potluck Lunch afterward!

Life is a series of journeys. Some we plan and others we take only because we were pushed into them. How do we know where to go, how to get there, what to pack and who to travel with? Are we on a vacation, a pilgrimage, a visit, or an adventure? What will we find when we arrive?

April 2: Joshua Moore: **The Light We Carry**, Service Leader: Bob Gilmore

April 9: Reverend Ruth in person followed by Potluck lunch.

Stewardship Sunday "**We Pledge to Each Other**"

What a great time to be part of this fellowship! So many great people to know! So many interesting things going on! To keep our momentum and expand our outreach, we need to live out our membership promises of generously giving our time, talent and financial resources. We are depending on each other for the future of our fellowship!

April 16: Bob Nixon: **Awaken Your Chi** – By practicing deep breathing while performing the Taoist originated moving meditations of Qigong and Tai Chi, each of us have the chance to increase the overall health of our bodies, our minds and hearts, and to open ourselves to the Great Oneness of the fundamental divinity that connects everyone. Feel free to share your experiences, thoughts and any questions that come up as we gather to explore this incredible opportunity

## Announcements

Next campfire: has been rescheduled for **Tuesday the 21st of March**. Please plan on attending and bring a poem, story, song or come to listen. Bring some food for our food pantry. Direct any questions to Bob Gilmore.

LGBT Support Group: The *last* Saturday of the month at 9am there is an LGBTQ ally support group at the Center on Baker Street. Bob Gilmore will be going if you want more details.

Book Club The Rough Side of The Mountain: Black Women's Ministries in Unitarian Universalism., edited by Rev. Dr. Qyamah Rahman. This is a series of articles by many of our most important black women ministers. Since February is black history month, and March is women's history month; this seems a very appropriate choice. The link below is to the UUA bookstore. Meeting on April 2nd. We will meet after the service.

<https://www.uuabookstore.org/The-Rough-Side-of-the-Mountain-P19391.aspx>

New! New! New! Roadside pantry!

Just like a little library, we now have a little pantry for those who need to stretch their food budget, but might not be able to (or are too proud to) register at a regular food pantry.



## Recent Community Events

A HUGE thank you to everyone that helped with the Garage Sale...It was a great success! Thank you to those that helped set up, price items, helped on sale days, clean up and especially to those who donated items. It was a lot of work, but with the help we had, it wasn't too bad! Tiring, but good!!! After all was said and done, I deposited \$3585.80 as our profit. Once again, thank you to all who participated.

Janet



Upcoming Community Events

THE NAACP BAY COUNTY BRANCH  
Announces the 8th Annual

# Essence Ball

The Power of Community:  
Courage, Healing and Unity

DINNER

TICKET \$50

SPECIAL EVENT

April

**01**

Social Hour at 5pm  
Essence Ball at 6pm

CALLAWAY CONFERENCE CENTER

500 CALLAWAY PKWY  
SEMIFORMAL ATTIRE

For Tickets contact Matthew Shack  
408-829-5764

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## Recognition for UUs by the League of Women Voters!

Support our LWV Women's History Month celebration by joining us **Saturday, March 25, 12-2PM**, for a festive luncheon, recognizing **Estoria Clark, Candis Harbison, Dr. Ann Higgins, and Harriet Myers** for their lifetime contributions to the League. Get your tickets today! Lunch at Spiritual Unity Center, 309 West 5<sup>th</sup> Street, Downtown Panama City - \$30

*RSVP to [lww.baycountyfl@gmail.com](mailto:lww.baycountyfl@gmail.com) or call (850)319-6422*

Purchase tickets at [Paypal.me/baycounty1wv](https://www.paypal.com/baycounty1wv)  
Checks payable to LWV Bay Co. can be mailed to POB 1813, PC 32402

### Upcoming UU Events

This month, we have opportunities for faithful and faith-filled actions for justice and rejuvenation. Please share in your congregation and community.

In faith and solidarity,

Audra Friend, Side With Love

**Wednesday, March 22, 2023**

**8pm ET / 7 CT / 6 MT / 5 PT**

**The Body Politic: Faithful UUs**

**Showing up for Trans Justice**

Online

UUs have long been part leaders in powerful multifaith movements fighting for trans and queer rights and liberation. Join UPLIFT Action and Side With Love staff for this webinar, lifting up the faithful work UUs are engaging in right now in the context of the wave of hateful legislation and violence against trans and queer people. We'll hear stories from congregations and State Action Networks on the ground.

[REGISTER NOW](#)

**Thursday, March 23, 2023**

**7:30pm ET / 6:30 CT / 5:30 MT / 4:30**

**PT**

**Faithful Grounding**

Online

Join our Side with Love Fun & Spiritual Nourishment Squad for an hour of spiritual sustenance and grounding with others organizing on the side of love. Come drink in the music, meditation, play, and prayer.

We end with a Connection Cafe for those who wish to talk together. Show up as you are, whatever is in your heart, and with your camera on or off as you need.

[REGISTER NOW](#)

**Friday, March 31st**  
**8pm ET / 7 CT / 6 MT / 5 PT**  
**UUA Trans Day of Visibility Virtual**  
**Party for Trans/Nonbinary Families**  
Online

As legislators pass harmful laws in states all across the country and as people of faith and no-faith fight back, we want to remind transgender/nonbinary families that they are not alone.

As Unitarian Universalists we believe that every body is sacred. This will be a time of reflection, celebration, and renewal as we prepare for what is and whatever is coming our way.

\*NOTE: This space is intentionally multi-generational. It is open to and welcoming of trans/nonbinary elders as well as children, youth, and young adults. Standard UUA online safety measures apply to ensure all people under 18 are able to attend. We're glad to have you here!

[REGISTER NOW](#)

**Saturday, April - Monday, April 3**  
**Intergenerational Spring Seminar:**  
**Demilitarization & Abolition: Resist**  
**Policing and Empire**  
Online and in-person, Minneapolis, MN

This year's UU@UN Intergenerational Spring Seminar has the theme of "Demilitarization & Abolition: Resist Policing and Empire," and takes place both in-person in Minneapolis and online April 1-3.

As an intergenerational event, Youth are especially encouraged to attend!

Militarized policing is a dire problem both in the U.S. and globally, and this year's Seminar aims to help us increase our understanding of abolition and equip ourselves with skills to take action. Our keynote will be given by Andrea Ritchie, co-author of No More Police, and other programming will offer a mix of workshops, worship, and debrief.

Registration is tiered with a free, no-cost option for those who need it!

[REGISTER NOW](#)

Loads of info in the Uplift newsletter: Check out the whole thing by clicking on this link or copying and pasting it into your browser.

[UPLIFT: Love and Solidarity with Trans and Nonbinary People | Uplift | UUA.org](#)

General Assembly (GA) is the annual meeting of our Unitarian Universalist Association (UUA). Participants worship, witness, learn, connect, and make policy for the Association through democratic process. Anyone may attend; congregations must [certify](#) annually to have voting delegates.

Join us June 21 - 25, 2023 online or in-person in Pittsburgh, Pennsylvania. Most GA events will take place at the David L. Lawrence Convention Center, 1000 Fort Duquesne Blvd, Pittsburgh, PA. [Google map](#) [More about traveling to Pittsburgh](#) [Registration](#) is open. Register early to secure the lowest rates. [Volunteer opportunities](#) and [financial support](#) are available.

*So many village idiots...*  
**SO FEW DRAGONS**



Did you know we have a Facebook page? If not, you should check it out and click the Like button here: <https://www.facebook.com/uubaycounty>  
UUFBC Website <https://www.uuofbaycounty.com/>

Newsletter Editor: Cindy Gregory -- Board Members: President: Bob Gilmore; Vice president: Matt Raver; Secretary: Charissa Thacker; Treasurer: Janet Cross Member At Large: Chris May

Contact info: 850- 615-4127 \*Office Hours are Tuesday 10 a.m. – noon (leave a message, please)

To submit information for the biweekly e-newsletter, send to [info@uuofbaycounty.com](mailto:info@uuofbaycounty.com) and please cc [cindykg@gmail.com](mailto:cindykg@gmail.com)